



The Canyon at Peace Park

A Recovery Sanctuary in Majestic Malibu

866.494.7787

TheCanyonMalibu.com

What's Unique about The Canyon at Peace Park?

The Canyon at Peace Park is a private, secluded retreat in the beautiful hills of Malibu, California. Our treatment philosophy is simple: specialized, cutting-edge care, recovery plans tailored to the individual, a supreme healing environment, and a program that addresses both substance use and co-occurring mental health conditions. In a compassionate, fine-tuned approach, we treat the whole person.

Specialized Programs at The Canyon

Integrated Treatment

The Canyon staff is fully cross-trained in the principles and practices of treating addiction and addressing co-occurring mental health issues. Our integrated treatment program is evidence-based and proven by research to increase the chances of long-term recovery.

Therapist to Patient Ratio

Our primary therapist to patient ratio is 1:4, meaning that each patient receives specialized attention. Every individual is matched with an internist, psychiatrist and primary therapist to serve as his or her core clinical team.

Individual Treatment Plans

Utilizing the assessment as a baseline for beginning treatment, The Canyon clinical staff formulates a customized treatment plan to meet the physical, mental, emotional and spiritual needs of each patient.

Secluded, Serene Environment

The Canyon is truly "off the beaten path" compared with other Malibu treatment programs. This private setting enhances the physical, mental and emotional security of our patients. The 120-acre natural reserve of Peace Park is a perfect sanctuary for healing.

OUTPATIENT SERVICES: The Canyon at Santa Monica

Located three and a half miles from the beach in the heart of West Los Angeles, The Canyon at Santa Monica provides an exquisite healing oasis for individuals seeking recovery in an outpatient setting. The Canyon at Santa Monica is a safe place to step down from residential treatment or to begin one's recovery journey. We offer group and individual therapy, life skills classes and a variety of holistic therapies. In addition, our dedicated staff works to improve each patient's physical, mental and spiritual well-being. For more information on our outpatient services, please visit TheCanyonMalibu.com.

Quick Guide to Services at The Canyon

Features & Amenities

- Exquisite natural beauty in a secluded 120-acre private reserve
- Spacious, elegant accommodations with separate men's & women's living areas
- Organic, healthy meals prepared by an executive chef
- On-site fitness facility with weight room, soothing saltwater pool and spa
- Yoga classes & massage therapy, along with daily meditation & reflection time
- Hiking trips in Zuma Canyon and walks on Malibu beach
- Adventure therapy, ropes course and equine therapy
- Therapeutic sweat lodge and meditation dome

Our Patient-Centered Care Philosophy

Because it is part of Foundations Recovery Network, The Canyon focuses on patient-centered care, a philosophy of treatment that emphasizes the needs, personal goals and long-term success of the individual. In 2011, FRN's patient-centered care initiative was awarded the 2011 James W. West Quality Award from the National Association of Addiction Treatment Providers.

Treatment Services

- Integrated treatment for substance use disorders & co-occurring mental health issues such as depression, anxiety, bipolar disorder, grief/loss and psychological trauma
- Intervention services, sober escort and travel support
- Clinically supervised detox
- Active alumni program and nationwide Heroes in Recovery community

Clinical Program

- Comprehensive addiction assessment and psychiatric evaluation
- Customized care plan focused on the unique needs of each individual
- Medication management directed by collaborating medical experts
- Motivational Enhancement Therapy using a stages-of-change approach
- Diverse educational groups, including trauma resolution, healthy boundaries, codependency, managing mood, grief/loss and anger management
- Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy and Dialectical Behavior Therapy skills
- Relapse prevention and continuing care planning for long-term recovery
- Family therapy, including monthly family weekend events and educational healing programs



The Canyon at Peace Park

2900 S. Kanan Dume Road

Malibu, CA 90265

24-Hour Admissions Helpline: 866.494.7787



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